

# RULH High School



## MEAL PRICING:

First Breakfast	FREE
Second Breakfast Full Price	\$1.85
Milk Only	\$0.50

## BREAKFAST Menu

## January-May 2023

## OTHER DAILY SELECTIONS:

Variety of Whole Grain Cereals offered daily in place of listed entrée.

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Fudge Pop Tart String Cheese Scooby Snacks Applesauce Cup Orange Juice Milk Choice	Mini Maple Waffles with Syrup String Cheese Graham Cracker Peach Cup Orange Juice Milk Choice	Cherry Cocoa Bar String Cheese Scooby Snacks Cinnamon Applesauce Orange Juice Milk Choice	Biscuit & Gravy String Cheese Graham Cracker Mixed Fruit Orange Juice Milk Choice	Cinnamon Bun String Cheese Scooby Snacks Blue Raspberry Applesauce Orange Juice Milk Choice
<b>2</b>	Cinnamon Pop Tart String Cheese Bug Bites Applesauce Cup Orange Juice Milk Choice	French Toast Sticks with Syrup String Cheese Graham Cracker Peach Cup Orange Juice Milk Choice	Super Donut String Cheese Bug Bites Cinnamon Applesauce Orange Juice Milk Choice	Sausage Biscuit String Cheese Graham Cracker Mixed Fruit Orange Juice Milk Choice	Strawberry Cream Cheese Mini Bagels String Cheese Bug Bites Blue Raspberry Applesauce Orange Juice Milk Choice
<b>3</b>	Strawberry Pop Tart String Cheese Graham Cracker Applesauce Cup Orange Juice Milk Choice	Pancake on a Stick with Syrup String Cheese Graham Cracker Peach Cup Orange Juice Milk Choice	Banana Chocolate Bar String Cheese Graham Cracker Cinnamon Applesauce Orange Juice Milk Choice	Chicken Biscuit String Cheese Graham Cracker Mixed Fruit Orange Juice Milk Choice	Chocolate Chip Muffin String Cheese Graham Cracker Blue Raspberry Applesauce Orange Juice Milk Choice

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28			

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

■ Week 1 Meal Plan   
 ■ Week 2 Meal Plan   
 ■ Week 3 Meal Plan   
  No School